

When I watch film, I am going to grade your performance in three categories:

1. Performance: Getting the job done
2. Technique: Getting the job done right
3. Effort: Did you really give this play your all?

You will also be given positive and negative stats:

Positive:

P = Pancake – This is putting the defender on the ground by dominating him

R = Rail – This is driving a defender downfield for 5 seconds

X = Extreme Effort – This is when I feel you have gone beyond the call of duty and made a tremendous effort play

H = Hat Trick – These are received when you achieve +++ in your 3 categories

Negative:

O = OTG a.k.a. On the Ground – You get these when you fall for no reason or get reverse pancaked

L = Loaf – You get this for being lazy and taking a play off

W = Wandering Eskimo – This is if I am completely baffled by what you did because you looked like an Eskimo wandering through the wilderness

S = Sack – This means you gave up a sack

C = Clock – You had an egg timer in your head and stopped blocking and allowed the QB to get clocked

T = Tackle – Because of your actions the ball carrier was tackled

P = Penalty

G = Get off- Late off the ball

M = Maytag – Blocking in a spin cycle, similar to an electric football player